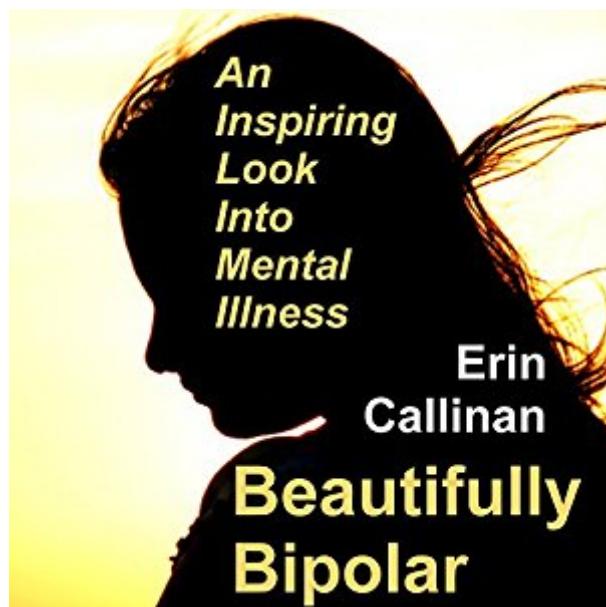


The book was found

Beautifully Bipolar: An Inspiring Look Into Mental Illness



Synopsis

"I was frustrated," says Erin Callinan about the genesis of her critically-acclaimed memoir *Beautifully Bipolar*. "I could no longer sit back while conversation surrounding mental illness was negative, scary, insulting, and inaccurate. I have a voice, and I have a story. I felt a passion, and I went with it. I just started writing: no judgments, limits, or rules." Her purpose: To challenge people to address and remove the stigma associated with mental illness. Reviewers have enthusiastically praised the volume, one calling it the "perfect first non-clinical book for family members, loved ones, or even sufferers themselves, who are just adjusting to the unsettling diagnosis of bipolar disorder." Ultimately Erin's story is impossible to set aside and vitally important to know.

Book Information

Audible Audio Edition

Listening Length: 2 hours and 19 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: New Street Communications, LLC

Audible.com Release Date: October 24, 2014

Language: English

ASIN: B00OVFRUXU

Best Sellers Rank: #241 in Books > Health, Fitness & Dieting > Mental Health > Bipolar #518 in Books > Health, Fitness & Dieting > Mental Health > Mood Disorders #3710 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

A perfect first non-clinical book for family members, loved ones, or even sufferers themselves, who are just adjusting to the unsettling diagnosis of Bi-Polar disorder. The language, events, and circumstances are true to life, and I can attest. As one recently married to a cherished friend from many years ago, whom I've now discovered is bipolar, I found this book to be a "window" into our home. My new wife didn't tell me her complete diagnosis, just "depression, and PTSD", and I spent anxious months going from counselor to counselor trying to figure out, what was wrong with my soulmate. This book is like a diary of our last 7 months, and written as if through my wife's eyes. The language, the blunt profanity, followed by religiosity that Erin describes may shock you, but I assure you, they are the "real deal". This book is a must if you are trying to understand how your loved one feels, and what's going on inside even when the words and actions on the outside are so angry they

drive you away. The graphic nature of it's stories will resonate with those of you who are living with someone who's Bi-polar condition is not managed. . It will also strengthen your resolve, not to reject the bi-polar afflicted person in your life when they're acting out the chemistry inside, that torments them, and rages at you. And this book will encourage you to persist, reach out and get mental health, and / or police assistance, when needed to help your loved one into a better place. The legal and mental health system is ugly, complicated, and is filled with apparent roadblocks to getting help, and doesn't come with a user's manual. The process is painful for both the family member and the loved one suffering with the Bi-Polar disorder. But Erin proves its worth the struggle.

[Download to continue reading...](#)

Beautifully Bipolar: An Inspiring Look into Mental Illness MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality) Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) Style: The Lady's Guide to French Style, Fashion and Beauty- Get Dressed to Look Charm and Elegant (French Chic, Sense of Style, Style, Style Books, Style ... Dressed, Look Hot, Look Fabulous Book 1) TALES AROUND THE CAMPFIRE: An Inspiring Short Story Collection (Inspiring Short Stories Book 1) Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder BIPOLAR DISORDER: Bipolar Disorder Survival Guide (SECOND EDITION) Android User Interface Design: Turning Ideas and Sketches into Beautifully Designed Apps (Usability) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Train Your Brain & Mental Strength : How to Train Your Brain for Mental Toughness & 7 Core Lessons to Achieve Peak Mental Performance: (Special 2 In 1 Exclusive Edition) Complete Guide to Symptoms, Illness & Surgery: Updated and Revised 6th Edition (Complete Guidel to Symptons, Illness and Surgery) Childhood Illness and the Allergy Connection: A Nutritional Approach to Overcoming and Preventing Childhood Illness Lubkin's Chronic Illness (Lubkin, Chronic Illness) Lubkin's Chronic Illness: Impact and Intervention (Lubkin, Chronic Illness) Chronic Illness: Impact And Intervention (Lubkin, Chronic Illness) Textiles Re:imagined: Delve into the minds of 50 of the world's most innovative and inspiring textile and fiber artists (Formerly 3D Mixed Media Textile Art) The Decorated Journal: Creating Beautifully Expressive Journal Pages

[Dmca](#)